



State of New Jersey
Department of Human Services
Division of Medical Assistance and Health Services

NEWSLETTER

Volume 5 No. 34

June 1995

TO: All Medicaid Participating Providers

SUBJECT: New HMO Available to Medicaid Eligibles Residing In Essex County

EFFECTIVE: Immediately

BACKGROUND: University Health Plans, Inc. (UHP) has contracted with the Division of Medical Assistance and Health Services (DMAHS) to provide managed care services to certain Medicaid-eligible residents of Essex County.

PURPOSE: The purpose of this Newsletter is to define the services included in the UHP service package as well as Medicaid services not covered by UHP.

UHP is responsible for providing the following medically necessary services to its Medicaid members on a 24-hour, 7-day-a-week basis. Except as specifically indicated, these services are equal to the scope of service provided in the regular Medicaid program and are provided through the authorization of the primary care physicians of UHP.

1. Primary care services:
 - physician services;
 - independent clinic services;
2. All other physician specialist services;
3. Inpatient hospital services;
4. Outpatient hospital services;
5. Preventive health care services including EPSDT approved equivalent services for enrollees under 21 years of age;
6. Laboratory and radiology (diagnostic and therapeutic) services;
7. Home health agency services;
8. Personal care assistant services;

9. Hospice services;
10. Optometric services;
11. Podiatric services;
12. Rehabilitation services including physical therapy, occupational therapy, speech pathology and audiology;

LIMITATION: 60 outpatient days per contract year per therapy, per enrollee;

13. Medical transportation including ambulance, Mobile Intensive Care Unit service (MICU) and invalid coach;

EXCEPTION: Lower mode transportation is provided by the State contracted vendor.

14. Mental health services including psychologist services;

LIMITATION: 30 inpatient days per contract year per enrollee and 60 outpatient visits per contract year per enrollee;

15. Diagnosis and medical treatment for substance abuse - addiction to alcohol or drugs, including detoxification and referral services;

LIMITATION: 30 inpatient days per enrollee per contract year and 60 outpatient visits per enrollee per contract year;

16. Prosthetics and orthotics;
17. Organ transplants (heart, heart/lung, lung, kidney, liver, bone marrow and cornea);
18. Medical supplies;
19. Durable medical equipment;
20. Chiropractic services;
21. Prescription drugs;

22. Dental services;
23. Optical appliances;
24. Hearing aid services;
25. Family planning services;

PLEASE NOTE: Under this contract, the right of clients to choose a provider with respect to family planning services may not be restricted. Family planning services rendered by a Medicaid participating provider who is not a part of the UHP network will be reimbursed by Medicaid on a fee-for-service basis. The provider must meet regular Medicaid program requirements for family planning services.

26. Private Duty Nursing only when provided as a result of an EPSDT screening;
27. Nursing facility services (30 days per contract year per enrollee inclusive of any bed hold days).

Services in Excess of Limitations:

When the specified maximum limitations have been met, UHP will issue a member specific "Exhaustion of Benefits" (EOB) form identifying the service(s) which have been provided beyond the contract limitations. A UHP member who is Medicaid eligible may continue to receive these services from a Medicaid provider through the end of the contract year noted on the EOB. The Medicaid provider will be reimbursed for the services which exceed limitations on a fee-for-service basis, under the existing rules and regulations of the New Jersey Medicaid fee-for-service program. To be reimbursed for the services, the Medicaid provider must attach a copy of the "Exhaustion of Benefits" form (see Exhibit 1) to all claims for the specified time period stated on the form and submit the claims to UNISYS, the Medicaid fiscal agent.

Medicaid Services not Provided by UHP (out-of-plan services):

The following Medicaid services are considered out-of-plan and are not provided by UHP. Medicaid members of this HMO may obtain these services from Medicaid providers who will be

contact UHP to coordinate the remaining care needed by the member.

Hospitals must always call UHP to verify HMO coverage prior to treatment, except in life-threatening situations. The toll free number is 1-800-564-6847. Hospital and physician claims for emergency care should be submitted to:

University Health Plans, Inc.

60 Park Place, 15th Floor

Newark, N.J. 07102

Attention: Claims Examiner

To obtain non-emergent care, the UHP member must contact his/her Primary Care Physician. The Primary Care Physician will direct the member to the closest affiliated hospital emergency room when appropriate or an alternative treatment setting as needed. When the emergency room is the appropriate treatment setting, the Primary Care Physician will advise the emergency room staff in advance to receive and treat the member. Follow-up treatment must be coordinated by the member's Primary Care Physician and requires a written referral from the Primary Care Physician.

**PROVIDERS ARE REMINDED TO CAREFULLY REVIEW EACH
MEDICAID ELIGIBLE'S MEDICAID ID CARD**

Questions regarding this Newsletter should be directed to the Division of Medical Assistance and Health Services' Managed Care Hotline at 1-800-792-9745.

**RETAIN THIS NEWSLETTER NUMERICALLY BEHIND THE NEWSLETTER TAB
(BLUE TAB MARKED "5")**

reimbursed by the Medicaid fiscal agent under existing rules and regulations of the New Jersey Medicaid program:

1. Cost of Methadone and its administration;
2. Elective/Induced Abortions;
3. Certified Nurse-Midwife Services;
4. Case Management services targeted to seriously mentally ill persons to assist the individual in gaining access to needed medical, social, educational and other services;
5. Medical Day Care;
6. School-based rehabilitative services provided under a child's Individualized Education Program (IEP);
7. Early intervention rehabilitative services provided under a child's Individualized Family Service Plan (IFSP);
8. Services provided in institutional care settings including residential treatment centers and ICFs/MR.

Providers who are not members of the UHP network may only provide out-of-plan or over limit services, as stated above, to Medicaid UHP members. Members of the UHP provider network should follow UHP designated procedures for service provision. A UHP member who is Medicaid eligible will be issued a UHP Identification card and a monthly Medicaid ID card. The Medicaid ID card will be imprinted with the restricted message, "Enrolled in HMO University Health Plan, 1-800-564-6847."

If a Medicaid recipient has an HMO restricted Medicaid ID card and a Medicaid provider bills for an HMO covered service, the claim will be rejected and returned to the billing provider, except for family planning services as noted above.

Emergency Services:

UHP shall provide, or shall arrange to have available emergency care on a 24-hour, 7-day-a-week basis. For life-threatening or organ-threatening conditions that require immediate emergency care and the member is unable to call the Primary Care Physician, a member may seek care at the nearest emergency room. If a member requires hospital admission, the hospital must

University Health Plans, Inc.
Your Health Care Partner

Exhibit 1



60 Park Place, 15th Floor
Newark, NJ 07102
Phone: (201) 623-8700
FAX: (201) 623-3635

EXHAUSTION OF BENEFITS FORM

Date: _____

Dear Provider:

This is to inform you that _____, Medicaid ID# _____, a member of University Health Plans, Inc., has exhausted the _____ days of coverage for (_____) effective (_____). A University Health Plans, Inc. subscriber may continue to receive these services however, and you as a Medicaid provider will be reimbursed under the existing rules and regulations of the New Jersey Medicaid Program during the remainder of the contract year, which ends _____.

A copy of this form must be submitted with all claims. Should you have any questions, please contact the University Health Plans, Inc. Member Services Department at (201) 623-8700.

Sincerely,

Alan Bey
Chief Financial Officer

