

TO: Hospitals - Chief Executive Officer,  
Physicians, Certified Nurse Midwives, Certified Nurse  
Practitioners/  
Clinical Nurse Specialists, Independent Clinics and Health  
Maintenance Organizations (HMOs)

ROUTE TO: Hospital's Obstetric, Pediatric and Psychiatric Clinical  
Departments, and the Outpatient and Continuing Education  
Departments

SUBJECT: Postpartum Depression Symposium Jointly Sponsored by the  
Division of Medical Assistance and Health Services and Cooper  
Hospital/University Medical Center

ACTION: The Division of Medical Assistance and Health Services hereby  
The National Conference Center, East Windsor, New Jersey.

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The Division is cooperating with Cooper Hospital/University Medical Center,  
Department of Continuing Medical Education in developing the symposium agenda,  
and for the sponsorship of Continuing Medical Education credits for physicians.  
Continuing Education units for nurses are being pursued through the New Jersey  
Department of Health.

PROGRAM: The symposium will include the presentation of the clinical aspects  
of postpartum depression, detection and early recognition,  
treatment modalities, and the value and availability of support groups and  
other community resources. Presenters are being solicited from a recognized  
pool of practitioners who specialize in the diagnosis and treatment of PPD. A  
panel of mothers who are now, or who have been PPD sufferers will be convened.  
The Division is seeking the participation of "TOVA - Artistic Projects That  
Speak For Social Change." TOVA will perform the notable dramatic piece, "When  
the Bough Breaks," a sensitive and meaningful play commissioned by the  
Maternity Care Coalition of Philadelphia.

REGISTRATION: Registration will be open to the health care provider units for nurses, a Continental breakfast, and lunch. This symposium will be of benefit to all health professionals who have contact with pregnant and postpartum women and/or their infants.

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We are pleased to have the New Jersey Department of Human Services' support in this undertaking and hope that this early notice will stimulate interest in the provider community. Please consider including this symposium in your educational agenda for the fall of 1995. Announcements and applications for enrollment will be sent to you as soon as the plans for the symposium are finalized.

For further information or questions, please contact Sandra Cristofori, Division of Medical Assistance and Health Services, at (609) 588-2752.

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(BLUE TAB MARKED "5")